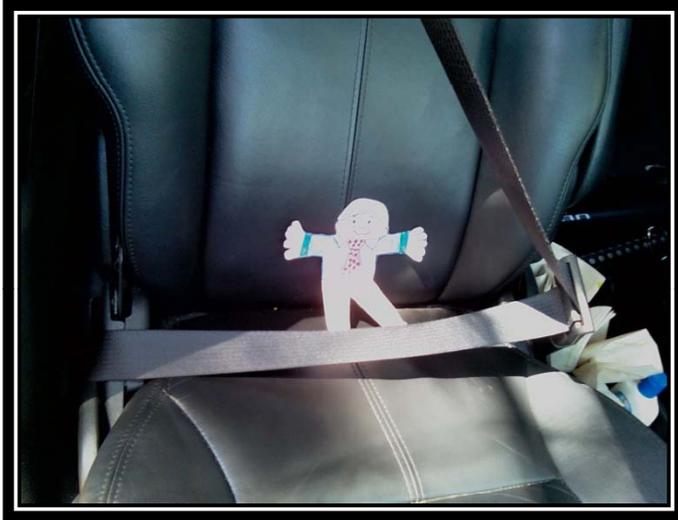


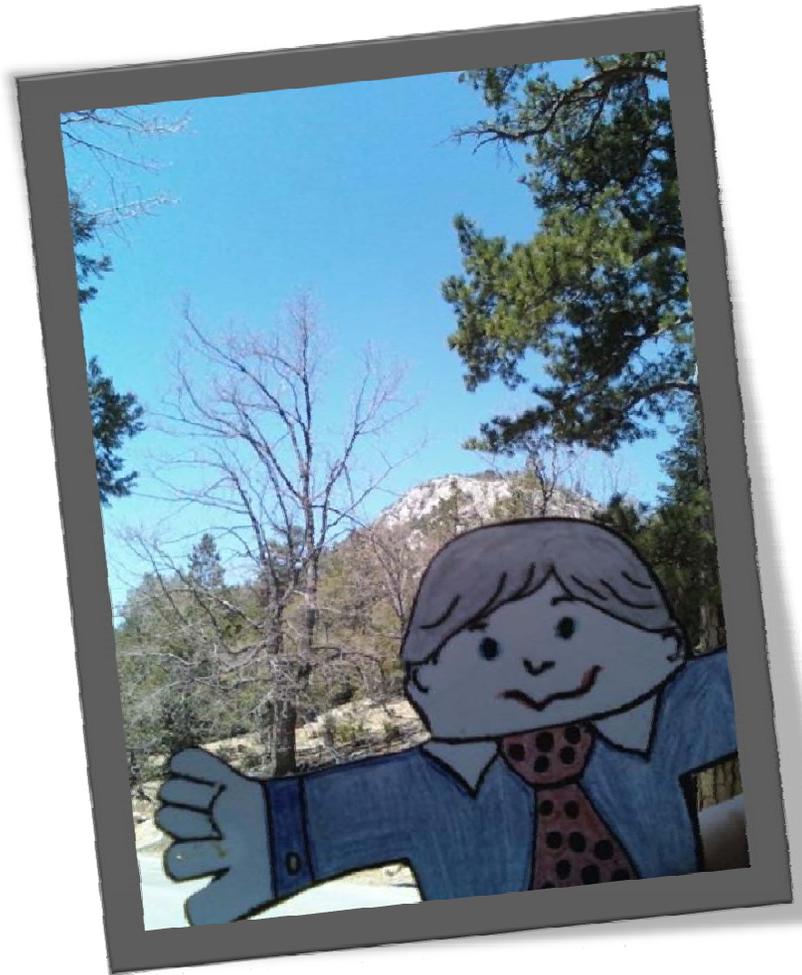
**FLAT STANLEY'S VACATION
HUMBER PARK**



Flat Stanley is riding, safely, in Papa's car on their way to Humber Park. Humber Park is located in San Bernardino National Forest which is in Riverside County California. Flat Stanley and Papa are going hiking and mountain biking for the weekend. A "guys" weekend away! WHOOPEE!



Here is Flat Stanley riding safely on Papa's helmet. Papa and Flat Stanley stopped under a beautiful pine tree to rest for a little while. When riding hard, it is always safe to stop from time to time to rest and drink water. Flat Stanley and Papa always practice safe riding habits. They wear their helmets and carry plenty of water.

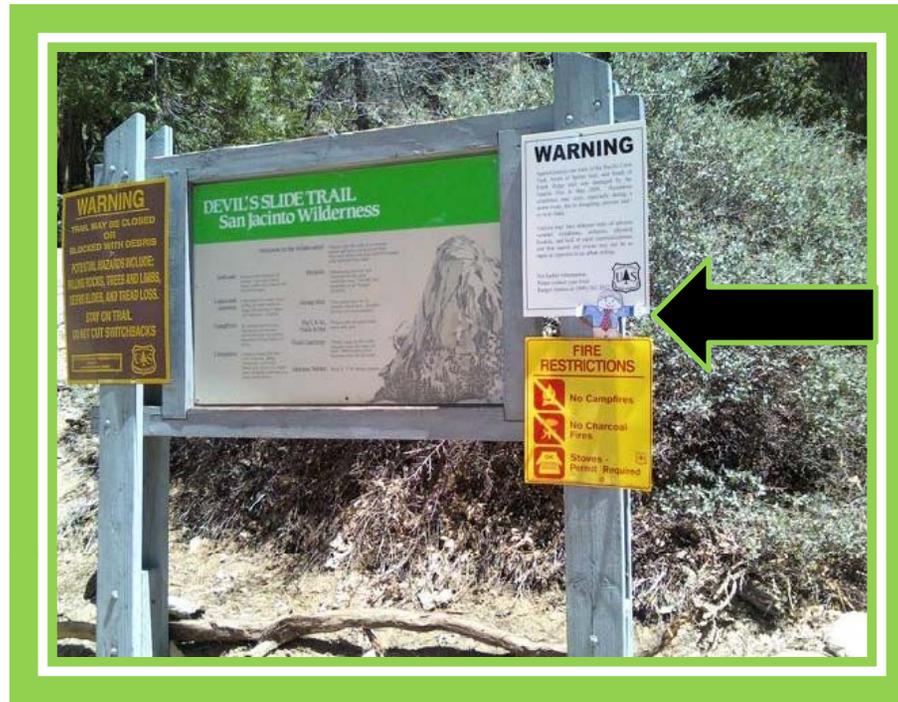


Flat Stanley is resting again in the shade. The sun was very bright this weekend. In this picture, you see Flat Stanley at the base of Tahquitz Rock. It is actually over 7,500 feet above sea level. Flat Stanley is having a great time hiking and biking.



Its lunchtime and Flat Stanley and Papa are going to have a picnic lunch on this rock. We had a turkey and cranberry sandwich, a banana and lots of water. What a great lunch!

After the hiking and biking, Flat Stanley sat on the deck of the cabin and rested in the warm sun. Flat Stanley and Papa always wear sunscreen to protect their skin.



On the second day, Flat Stanley and Papa went hiking on the Devil's Slide Trail in Humber Park. This is a fun but challenging hike. As you can see there are many warnings listed. Some have to do with preventing fires and others have to do with wild animals such as mountain lions and bobcats. Do you know the difference between bobcats and mountain lions?

Flat Stanley says he read in a book the easiest way to tell the difference between a mountain lion and a bobcat is the bobcat has a very short tail and is a little bit smaller than the mountain lion. Flat Stanley also learned that even though both bobcats and mountain lions are cute, you should never try to pet one. There are also warnings about snakes on the trails. Papa doesn't like snakes at all... Eewww!



Flat Stanley wanted to climb this tree; can you see him in the branches? This is Flat Stanley at the base of Lilly Rock in Humber Park. He and Papa were watching the rock climbers work their way up the face of this mountain. If you look really closely you can see the two very small black spots above Flat Stanley, those are the rock climbers.



Here I am waiting for another picnic lunch on a tree trunk. Today we had trail mix, protein bars and a peanut butter and jelly sandwich and of course plenty of water to drink.



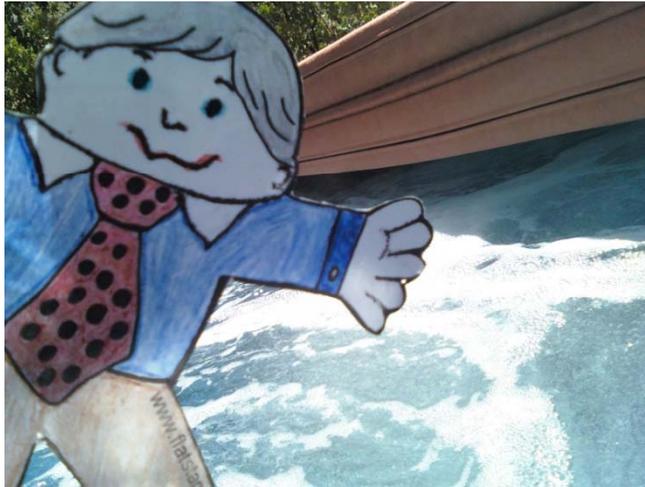
Today Papa and Flat Stanley are going on Ernie Maxwell trail. It is outside of Humber Park but ends up in the park. It is a easy trail and one that most of you could easily do. While on the trail, we came across the three bears. We didn't get scared though... they are made from a big tree and sit in front of a cabin just off of the trail. Flat Stanley is sitting on top of baby bear's head.



Here Flat Stanley is getting a ride from Papa. He was getting tired and wanted to be carried. Although, he wasn't so tired that he couldn't climb another tree! Oh Flat Stanley, you are so funny!!!

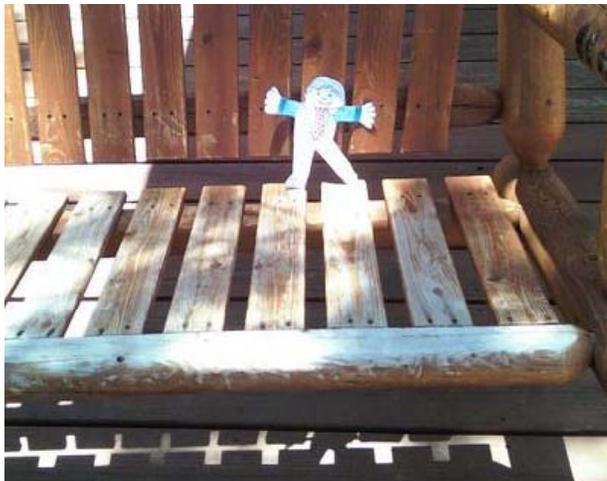


It is time to rest in the pine needles. Resting is very important when up in the mountains. Flat Stanley likes laying on the pine needles. He thinks they are very soft.



Yeah, Flat Stanley's legs and back are sore from all the hiking. Nothing like sitting in the spa to make those aches and pains go away.

After that, we sat on the wooden swing on the deck and relaxed a little more



After a long weekend of hiking and biking, its time for bed. Flat Stanley had the top bunk and Papa had the lower bunk!

When exercising, such as hiking and biking or playing at school or the local park, rest is as important as drinking water.